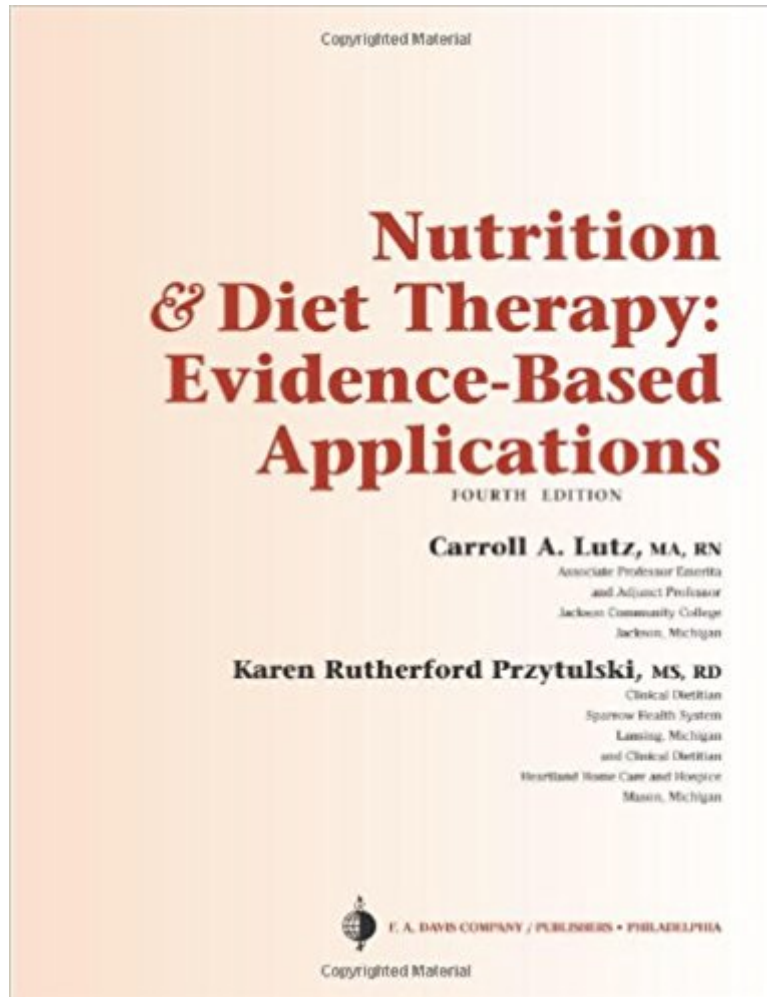


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# Nutrition And Diet Therapy Evidence-Based Applications



## Synopsis

The fourth edition of this popular nutrition text continues to be the best on the market for introducing the beginning student to the fundamentals of nutrition. Developed jointly by a nurse and a dietitian, *Nutrition and Diet Therapy Evidence-Based Applications, 4th Edition*, effectively combines nursing care with solid nutritional information. Clearly written and visually appealing, this 4th edition is filled with updated content on a variety of contemporary issues that add to the title's continued emphasis on clinical application. Additional Resources at DavisPlus (<http://davisplus.fadavis.com/>): Clearer Labeling of Allergens Diet Analysis Tools MyPyramid for Kids MyPyramid Tracker USDA Nutritional Information USDA Child Care Nutritional Resource Nutrient Data Laboratory System Nutrition Facts & Calorie Counter

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (8 customer reviews)

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## Customer Reviews

I purchased this textbook for my nursing nutrition course, and it is by far my best book. It is so easy to read and understand, and it provides tons of information that are not only relevant to persons in healthcare, but to lay persons as well. I can literally read this book like a novel.

This is a comprehensive nutrition textbook, easy to read with well written and highlighted information for the student to learn. This textbook complements the first course material included within the text to help the student reinforce prior teaching.

I used this in a college nutrition course. It was very helpful for writing papers and learning about nutrition for all types of people.

Bought this for Nursing School and it worked great for what I needed! Definitely helped through clinicals when treating patients!

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Therapy, 15e (Williams' Essentials of Nutrition & Diet Therapy) Nutrition and Diet Therapy  
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